



acceptance.



**This Sunday's Gospel, 14th Sunday in Ordinary Time Year B
(Mark 6: 1-6)**

He went away from there and came to his own country; and his disciples followed him. And on the Sabbath he began to teach in the synagogue; and many who heard him were astonished, saying, "Where did this man get all this? What is the wisdom given to him? What mighty works are wrought by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?" And they took offense at him. And Jesus said to them, "A prophet is not without honour, except in his own country, and among his own kin, and in his own house." And he could do no mighty work there, except that he laid his hands upon a few sick people and healed them. And he marvelled because of their unbelief. And he went about among the villages teaching.

This is the Gospel of the Lord

Prayer One

The Sign of the Cross

**Let us remember that everything we do is
In the name of the Father, and of
the Son, and of the Holy Spirit. Amen**

*Reflection:
During this week in 1954, the BBC
launched the first daily TV news service.*





In the past it was very hard to get accurate news and to find out what was going on in the world. When a King or Queen died in centuries past, it could often take years before everybody in the country found out. These days, however, virtually all of us will know within hours when something important happens. We will hear the details, we will see pictures, we will comment on our favourite websites. We can even download video to devices in the palm of our hand.

As technology has progressed it has become ever more simple to find out what's going on in the world. The effect is that the world seems to get much smaller. Events on the other side of the world which once might have meant nothing to us, are now part of our everyday experience.

And why is this important? Because the more we know, the more we can care and respond.

Final Prayer



Loving Father,

Help us to accept that there is a world beyond our own immediate horizons and help us to take an interest in our fellow human beings. Help us to respond to what we find with gifts of love, prayer and generosity.

In the name of the Father and of the Son...

Prayer Two

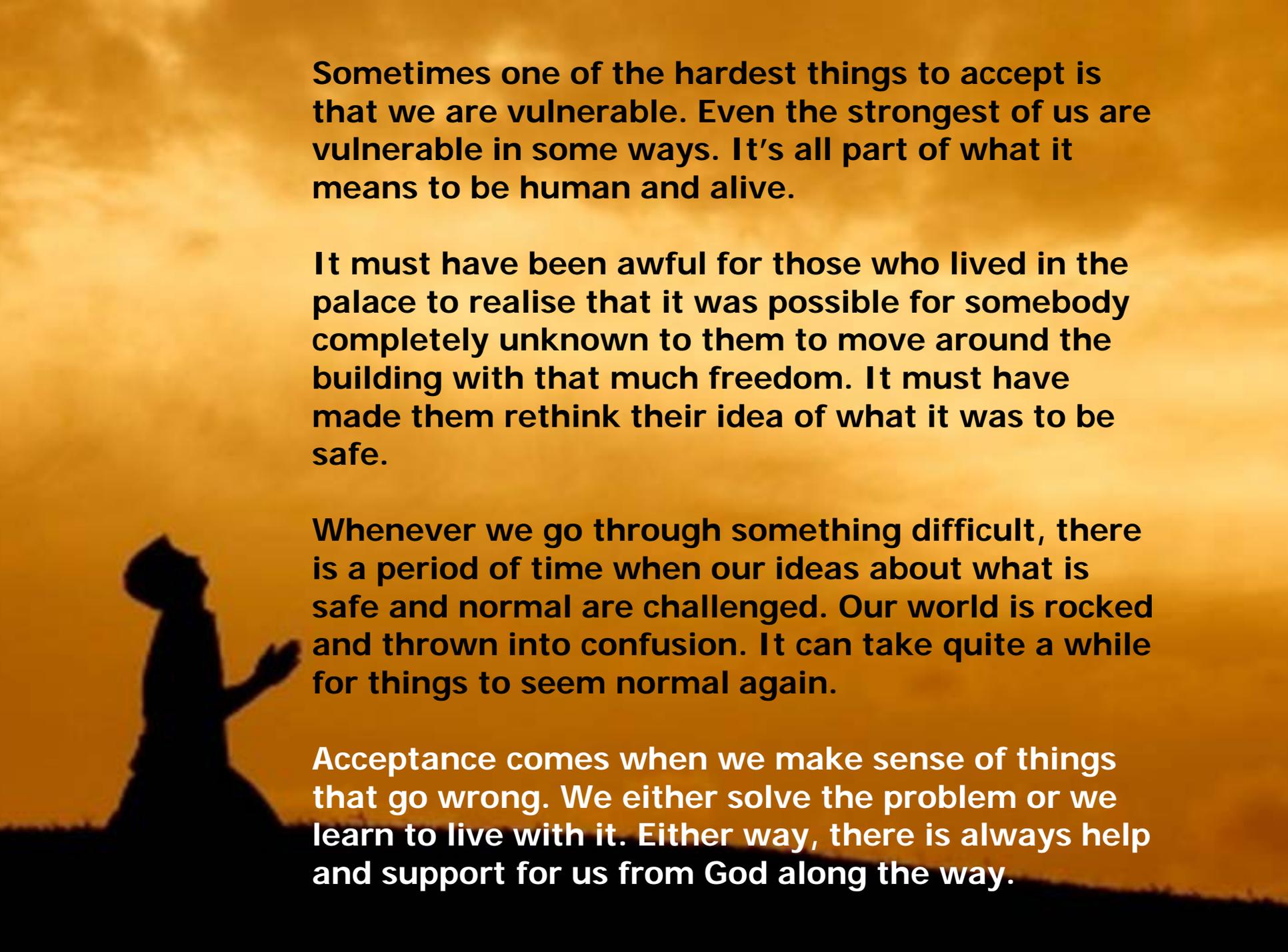
The Sign of the Cross

Let us remember that everything we do is
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Reflection

On July 9th 1982 a 31 year old man broke into Buckingham Palace. He even got as far as the Queen's bedroom before being caught and arrested.



A silhouette of a person standing on the left side of the frame, looking upwards with their arms slightly out. The background is a warm, golden sunset sky with soft clouds. The text is overlaid on the right side of the image.

Sometimes one of the hardest things to accept is that we are vulnerable. Even the strongest of us are vulnerable in some ways. It's all part of what it means to be human and alive.

It must have been awful for those who lived in the palace to realise that it was possible for somebody completely unknown to them to move around the building with that much freedom. It must have made them rethink their idea of what it was to be safe.

Whenever we go through something difficult, there is a period of time when our ideas about what is safe and normal are challenged. Our world is rocked and thrown into confusion. It can take quite a while for things to seem normal again.

Acceptance comes when we make sense of things that go wrong. We either solve the problem or we learn to live with it. Either way, there is always help and support for us from God along the way.

Final Prayer

Loving Father,

You bring sense and reason to all things, and you make clear and bright what our world has made murky and dark.

Help us in the difficult times to make sense of it all. Help us to find answers. Help us to bring healing and peace, and help us in all things to realise that you are beside us in all that we do.

In the name of the Father and of the Son...





If you were to read the bible from cover to cover, what you would find is a long story of God constantly calling his people back to him and his people finding it very difficult to accept him and his message.

Over thousands of years, they turned away again and again. But God, ever patient and ever just, lovingly calls them back to himself.

It is surprising that the people turned away from God. All God wanted to do was to live in harmony with them. They would love him and treat each other fairly, and in return he would look after them and provide them with all their needs.

It seems like a simple equation. But even today we still find it hard to accept God at face value.



Final Prayer

Loving Father,

You made us in your image and you love us eternally.

Help us to realise that you are calling us to love you,
and calling us to live good lives in harmony with
those around us.

Help us to believe and have faith. Help us to always
do what is right and just.

In the name of the Father and of the Son...



Final Thought...



Next weeks theme: Responsibility