





LENT



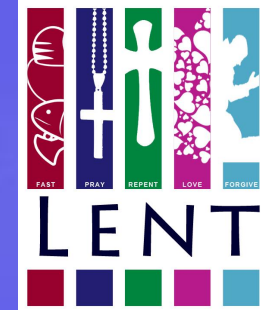
his Sunday's Gospel read Sunday in Lent year (John 2:13-22)

The Passover of the Jews was at hand, and Jesus went up to Jerusalem in the temple

at their business. And making a whip of cords, he drove them all, with the sheep and

overturned their tables. And he told those who sold the pigeons, "Take these things away; you shall not make my Father's house a house of trade." His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign have you to show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "It has taken forty years to build this temple, and will you raise it up in three days?" But he spoke of the temple of his body. When therefore he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word which Jesus had spoken.

Now when he was in Jerusalem at the Passover feast, many believed in his name when they saw the signs which he did; but Jesus did not trust himself to them, because he





Prayer One

The Sign of the Cross

Let us remember that everything we do is
In the name of the Father, and of
the Son, and of the Holy Spirit. Amen

Reflection

*This week's theme is REVERENCE
which means "deep respect for
something or someone"*



This week, try to set yourself a challenge...

Try to make some time each day for yourself. And if you can, try to make some time each day to be with God, to show Him reverence

Find a place where you feel comfortable and simply clear your mind. Think of all of the good things in your life and be grateful for them. Think of the difference you make to others.

And then, if you feel able, talk to God. You don't have to use a set prayer or a formula. You don't have to hold your hands together, and you don't have to kneel down. All you have to do is simply talk to God in your own words, in the same way that you'd talk to one of your best friends.

You might want to tell God what you are happy about; what you are worried about; or just what's on your mind at present...



Final Prayer

**God our Father,
in your love for us, you hear every
prayer we make and you never leave
your children stranded and alone. Help
us to make time in our lives for the
important things, and help us to come to
you with loving and open hearts.**

Our Father, who art in heaven...

**In the name of the Father and of the
Son...**

Prayer Two

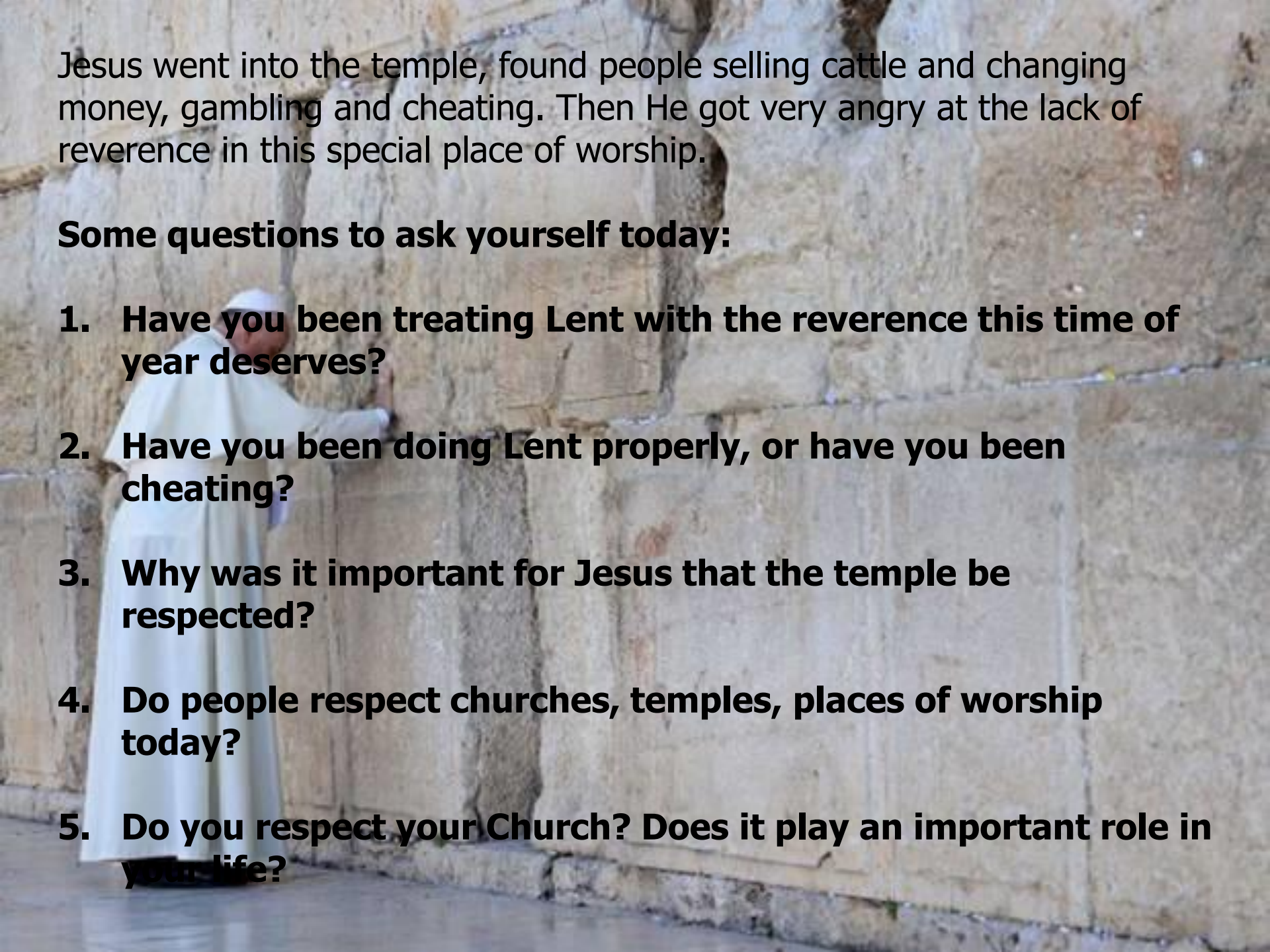
The Sign of the Cross

**Let us remember that everything we do is
In the name of the Father, and of
the Son, and of the Holy Spirit. Amen**

Reflection:

In this week's Gospel, we get one of the more famous stories in the Gospel: the story of Jesus driving the traders out of the temple. He got very angry at the lack of reverence being shown



A man in a white robe and cap is seen from the side, touching a large, textured stone wall. The wall is made of irregular, light-colored stones. The background is slightly blurred, suggesting an outdoor setting. The overall tone is contemplative and reverent.

Jesus went into the temple, found people selling cattle and changing money, gambling and cheating. Then He got very angry at the lack of reverence in this special place of worship.

Some questions to ask yourself today:

- 1. Have you been treating Lent with the reverence this time of year deserves?**
- 2. Have you been doing Lent properly, or have you been cheating?**
- 3. Why was it important for Jesus that the temple be respected?**
- 4. Do people respect churches, temples, places of worship today?**
- 5. Do you respect your Church? Does it play an important role in your life?**

Final Prayer

Loving Father,

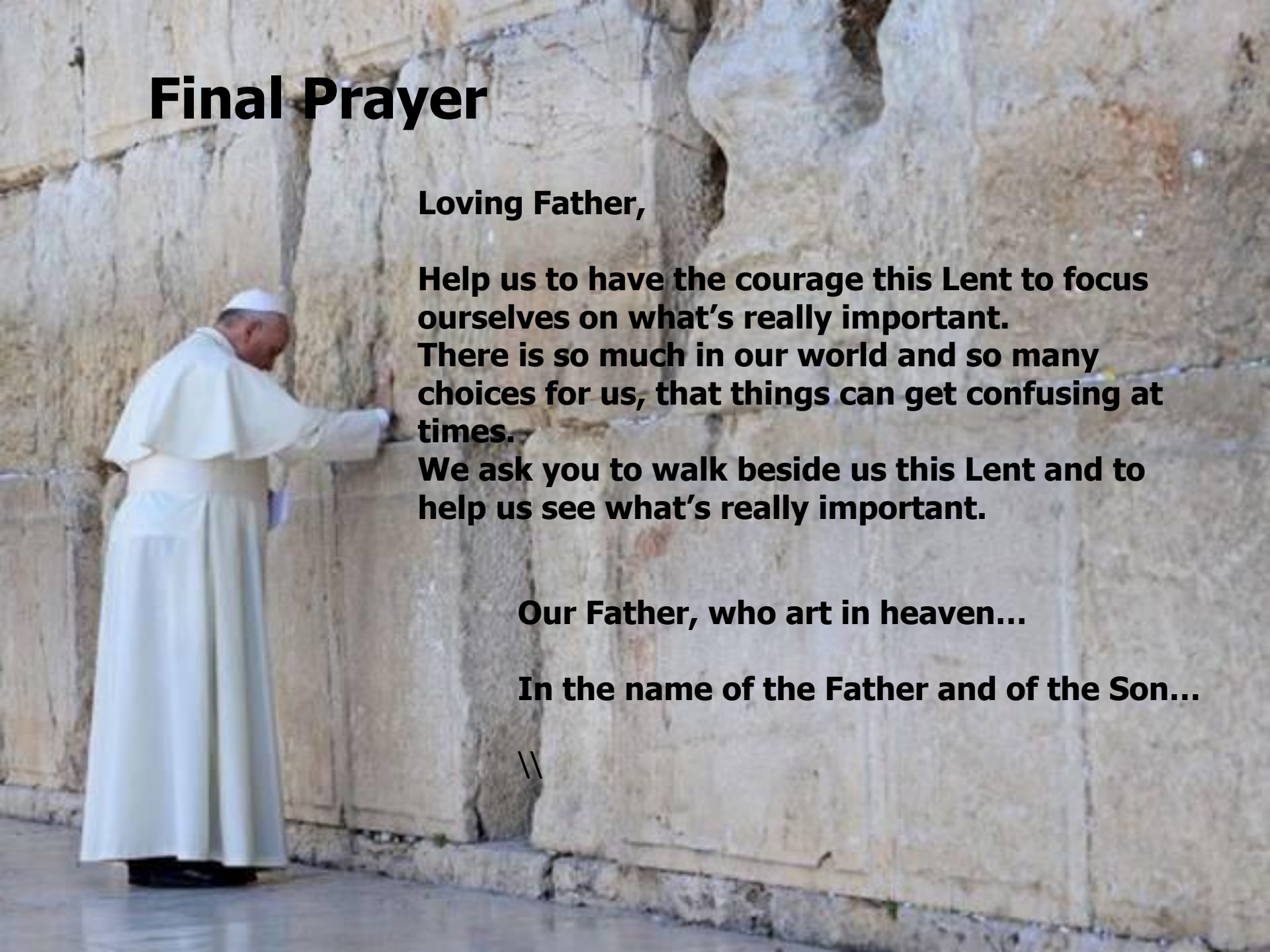
Help us to have the courage this Lent to focus ourselves on what's really important. There is so much in our world and so many choices for us, that things can get confusing at times.

We ask you to walk beside us this Lent and to help us see what's really important.

Our Father, who art in heaven...

In the name of the Father and of the Son...

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Prayer Three

The Sign of the Cross

**Let us remember that everything we do is
In the name of the Father, and of
the Son, and of the Holy Spirit. Amen**

Reflection

***On March 11th 1941 the US government
signed something called the Lend-Lease act,
which gave Britain a great deal of help
during the early years of the Second World
War.***




We all know that Britain eventually won the Second World War, but what few people know is that in the early years of the war Britain was in a great deal of trouble.

The first British force to enter Europe in 1940 suffered heavy losses and was quickly pushed back to England, leaving most of their equipment in France.

After that, Britain stood virtually alone for a few years, and struggled to cope with the challenge.

The Lend-Lease act gave Britain and other countries a great deal of assistance, by providing them with money and equipment. It helped Britain to survive in those early years.

A silhouette of a person standing on a dark horizon, looking upwards with their arms slightly outstretched. The background is a bright, orange-hued sunset sky with soft, wispy clouds. The person's shadow is cast on the ground in front of them.

Coming to the assistance of those in need is a vital part of life. It is one of the most important things we can do for others, and it is something we can really appreciate when others do it for us.

Final Prayer

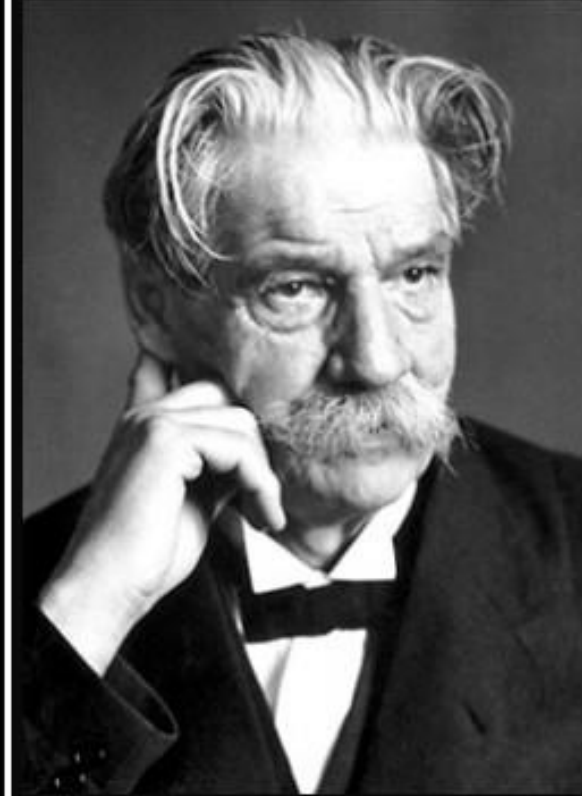
God our Father, help us to look with kindness and love on those in need, and help us to be grateful for the times when others show that kindness to us.

Our Father, who art in heaven...

In the name of the Father and of the Son...



Final Thought...



Just as white light consists of colored rays, so reverence for life contains all the components of ethics: love, kindness, sympathy, empathy, peacefulness and power to forgive.

(Albert Schweitzer)

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Next Weeks Theme: MISSION