

The SOCIAL

by *sodexo**

MONDAY Week 1

Chicken Jalfrezi
Quorn Jalfrezi
Spicy Beef Enchilada
Cheese & Tomato Omelette,
Plain Omelette
Apple Cinnamon Crumble with Custard Sauce

TUESDAY

Freshly Made Beef Burgers
Grilled Peppered Chilli Chicken & Salsa
Roast Vegetable Khobez Flat Bread
Fruit Scone, Jam & Cream


WEDNESDAY

Roast Loin of Pork or Roast Chicken Leg
Salmon & Spinach Filo Tart
Roast Quorn Fillet & Gravy
Lemon Drizzle with Lemon Sauce

THURSDAY

Spiced Jerk Chicken Thigh
BBQ Pulled Pork & Pink Coleslaw Bun
BBQ Pulled Quorn & Pink Coleslaw Bun
Reggae Reggae Three Bean Chilli
Mango Cheesecake Pot

FRIDAY

Baked Battercrisp Cod Fillet 
Roasted Gammon Steak & Pineapple Chutney
Stuffed Baked Courgette
Freshly Made Pancakes, Ready Made Pancakes
Fruit Topping, Fruit of Forest Topping and Honey

Served with a range of Potatoes, Vegetables or Salad

Sandwiches, Baguettes, & Salads are available daily

A range of cold desserts, assorted fresh fruit, cakes & cookies are available daily

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MONDAY

Week2

Spiced Butter Chicken Leg
Tuna & Sweetcorn Pasta Bake
Quorn & Roasted Cherry Tomato Bake
Fresh Treacle Sponge with Vanilla Ice-Cream Tub

TUESDAY

Traditional Lasagne
Pork Sausages in Red Onion Gravy
Mushroom Stroganoff
Natural Frozen Yoghurt, Strawberry Frozen Yoghurt, Mango Frozen Yoghurt
and Fresh Fruit Topping

WEDNESDAY

Roast Chicken Joint
Ham & Mushroom Carbonara
Sweet & Sour Vegetable Noodle Pot
Strawberry Eaton Mess

THURSDAY

Minced Beef Fajita
Chili Con Carne
Roasted Vegetable & Bean Moussaka
Fruity Feast Flapjack with Custard Sauce

FRIDAY

Baked Battercrisp Cod Fillet
Baked Salmon with Lemon
Macaroni Cheese
Strawberry Eaton Mess

Served with a range of Potatoes, Vegetables or Salad

Sandwiches, Baguettes, & Salads are available daily

A range of cold desserts, assorted fresh fruit, cakes & cookies are available daily

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MONDAY Week 3

Thai Green Chicken Curry
Braised Beef Meatballs in Tomato Sauce
Ratatouille, Bean & Cheese Quesadillas
Butterscotch Meringue Crunch

TUESDAY

Beef Bolognese Fusilli Bake
BBQ Pulled Pork & Coleslaw Bun
Vegetarian Chimichangas, Sweet Chilli Sauce
Strawberry Trifle Pot

WEDNESDAY

Roast Beef
Warm Chicken Caesar Salad
Sweet Potato & Chickpea Curry
Chocolate Cake with Chocolate Custard

THURSDAY

Chicken in Black Bean Sauce, Beef in Black Bean Sauce
Really Sticky Pork Ribs
Asian Stir Fried Vegetables
Five Spice Apple Fool Pot

FRIDAY

Fish Fingers
Salmon, Garden Pea & Lemon Risotto
Pizza Vegetarian Calzone
Vanilla Ice-Cream Tub, Strawberry Ice-Cream Tub and Fresh Fruit Topping

Served with a range of Potatoes, Vegetables or Salad

Sandwiches, Baguettes, & Salads are available daily

A range of cold desserts assorted fresh fruit, cakes & cookies are available daily