



# SES Curriculum

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## Overview

SES explores and develops students' physical and mental health, develops their ability to socially interact with each other in a caring and appropriate manner, offers guidance on future plans and next steps, including post 16 and post 18, explores morality and ethics and ultimately develops their knowledge of themselves and the world around them. It covers both PSHE and Citizenship.

## Key Stage 3

### Year 7:

#### **Unit 1: Social & Ethical Studies and Me**

- To get to know the other members of your form.
- To establish some 'Ground Rules' for S&ES lessons.
- To understand expectations and support from St. Wilfrid's.
- To understand what Social and Ethical Studies is all about.
- To understand the nature of friendships and how to make and keep friends.
- To empathise with people different from yourself.

#### **Unit 2: Taking Part**

- To understand how to keep healthy and what influences health, including the media.
- To recognise some of the cultural norms in society, including the range of lifestyles and relationships.
- To learn how to participate.
- To learn how to take responsibility.
- To know where and how to find information and advice.

#### **Unit 3: Being Safe and Responsible**

- Develop your understanding of how local problems can be solved
- Improve your knowledge of how you can be safe in the community
- Improve your knowledge of how you can be safe when on-line
- Use your imagination to consider others peoples' experiences

### Year 8

#### **Unit 1: Family, Friendships & Relationships: "Friendship and getting along"**

- To understand the nature of friendship and how to make and keep friends.
- To understand the changing nature of, and pressure on, relationships with friends and family, and when and how to seek help.
- To learn to negotiate within relationships, recognising that actions have consequences, and when and how to make compromises.

#### **Unit 2: All about you; emotional changes**

- To understand the emotional changes that teenagers experience.
- To consider strategies in which to control anger and anxieties.
- To form an understanding of how other people our age feel.

#### **Unit 3: Beating the Bullies**

- To know the different types of bullying
- To understand how bullying affects a wide range of different people
- To develop empathy for people who have been bullied
- To understand why bullying takes place
- To know a variety of ways of dealing with bullying
- To consider your personal feelings about bullying
- Improve your communication skills



#### **Unit 4: Public Services & Taxation “Who is serving me?”**

- Know examples of different types of services
- Understand how public services are paid for
- Understand the differences between different types of tax
- Explore your own views about public services
- Understand how individuals can get involved in changing the places they live and work in

#### **Unit 5: My Place in the World**

- To form an understanding of self identity
- To develop ambitions about how we can make the most of our lives
- To understand our impact on the world and other people

### **Year 9**

#### **Unit 1: Who’s in control?**

- To know how **local and national government** is organised
- To know how local **taxes** are spent
- To understand how the Houses of Parliament are organised
- To explore your own views about local and national issues
- To understand the importance of **voting**
- Develop your decision making, problem solving and communication skills

#### **Unit 2: What’s next?**

- To develop confidence in our future plans
- To understand how to achieve our dreams
- To develop skills in which to succeed

#### **Unit 3: Managing Me**

- To establish a set of ‘Ground Rules’ for S&ES lessons.
- To know and understand what ‘peer pressure’ is and ways to deal with it.
- To know and understand about drugs and to know the consequences of drug abuse.
- To know and understand about alcohol and to know the consequences of alcohol abuse.

#### **Unit 4: War! What is it good for?**

- To understand the impact of war
- To consider other countries’ viewpoints
- To understand the politics behind war

#### **Unit 5: What do you know about dealing with crime?**

- To understand how to avoid crime
- To know how to report/deal with crime
- To know what crime is and how it can impact on lives

### **Key Stage 4**

#### **Year 10**

##### **Unit 1: Where am I now?**

- To understand what is expected of me at KS4 and where I can find support.
- To review my skills.
- To understand stress and how to manage it.
- To understand positive thinking and how to apply this to my studies.
- To learn how to ‘get along’ with my peers.



### **Unit 2: What kind of citizen am I?**

- To explore your personal views on national issues
- To understand the financial issues facing the UK
- To explore your views about the management of money in the UK
- To understand how the media can influence us
- To develop your Business, Enterprise and Ethics skills

### **Unit 3: People Power “Emotional Health and Well-Being”**

- To understand what emotional health is.
- To consider and discuss a range of issues about keeping safe when going out for an evening.
- To practise planning ahead.
- To understand banking terms and what to do to open a bank account.
- To understand what peer pressure is and how to cope with it.
- To become aware of the things that people do that either enhance or undermine self-esteem.
- To learn some ways to enhance self-esteem.
- To adopt a positive approach to body image.

### **Unit 4 – Alcohol and Drugs? Tbc**

## **Year 11**

### **Unit 1: Where am I going?**

- To understand our key strengths
- To concentrate on personal areas for improvement
- To understand the opportunities that we have and how we can utilise them
- To know the value of CVs and of presenting your skills
- To develop independent learning skills

### **Unit 2: Planet Politics**

- To consider your own views about a range of political and ethical issues in the UK
- To understand the key features of some of the main political parties in the UK.
- To understand work of Parliament in shaping the law.
- To understand the importance in playing a role in the democratic process.
- To understand the range of issues that individual parliament departments have to make decisions on.

### **Unit 3: Ethics & Debating**

- To understand the issues around a range of national and global human rights issues
- To develop empathy for people in a range of situations
- To develop an understanding of the Declaration of Human Rights
- To improve your communication skills in terms of speaking and listening
- To know how to express personal opinions appropriately

### **Unit 4: GM and organic farming (this may be changed)**

- To understand the difference between organic and genetically modified crops
- To explore the arguments for and against organic produce and genetically modified crops
- To explore whether GM crops and organic crops are compatible
- To explore the role of different groups in the campaigns for and against GM crops
- To improve presentation, communication and teamwork skills



## Key Stage 5

### **Unit 1: Revision skills and independent learning (self development)**

- To develop ability to work independently
- To learn how to organise and self manage
- To form strategies in which to perform to the best of our abilities

### **Unit 2: CV writing, independent learning and career research**

- To research chosen career paths – research skills
- To develop the ability to self motivate
- To work on planning or organisational skills
- To develop control of choices and actions

**Subject Leader:**

**Ms E Bushby**